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Fall 9-1-2020

### PSYX 100S.03: Introduction to Psychology

Jaynee Lin Bohart

*University of Montana, Missoula*, [jaynee.bohart@umontana.edu](mailto:jaynee.bohart@umontana.edu)

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**PSYX100: Introduction to Psychology**  
**University of Montana – Fall 2020 (Section: 03, CRN: 70315)**

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**Course Information**

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| <ul style="list-style-type: none"><li>• <b>Instructor:</b> Jaynee Bohart</li><li>• <b>Email:</b> jaynee.bohart@umontana.edu</li><li>• <b>Website:</b> <u><a href="#">Class Moodle Website</a></u></li></ul> | <ul style="list-style-type: none"><li>• <b>Location:</b> Gallagher Business Building 123</li><li>• <b>Time:</b> Wednesday 5:00 – 7:50 PM</li><li>• <b>Office Hours:</b> Remotely by appointment</li></ul> |
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**Course Description**

Psychology is the scientific study of human and animal behavior and mental processes. You will learn to understand the nature, structure and historical development of human organizations and relationships, including how these events shaped the field of contemporary psychology.

Utilizing multiple psychological theories (i.e., psychodynamic, behavioral, physiological, social, cognitive), you will learn how the human mind—the basic building block of all human organizations and relationships—functions. Further, by being exposed to actual research results throughout the term, and discussing the meaning of those results, you will learn how to interpret and think about psychological research data.

As a survey course, Introduction to Psychology provides an overview of the methods, terms, theories, and findings in the field of psychology. By understanding principles of psychology, you will learn more about yourself, others, non-human animals, and relationships.

**Course Objectives**

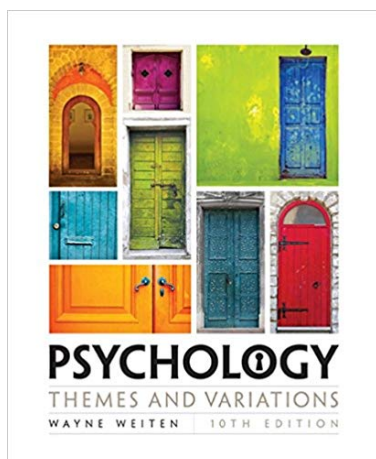
By the end of the course, you should be able to:

- Demonstrate knowledge and understanding of theory and research in the general domains of psychology
- Understand the overarching themes, questions, and conflicts in psychology
- Compare and contrast the major perspectives in psychology
- Understand and evaluate basic research methods used by psychologists to address different hypotheses
- Evaluate the validity of conclusions derived from psychological research

**Required Text**

Weiten, W. (2017). *Psychology: Themes and Variations* (10<sup>th</sup> Ed.). Boston: Cengage Learning. ISBN: 978-1305498204.

*Course Reserves:* Textbook is on reserve in Mansfield Library for in-library use only.



## COURSE EVALUATION

This course is designed to help you learn a large amount of material at a manageable pace. To help achieve this goal, the semester is broken up into 5 sections: Section 1 covers Chapters 1-3, Section 2 covers Chapters 4-6, Section 3 covers Chapters 7-9, Section 4 covers Chapters 10-12, and Section 5 covers Chapters 13-15. Your final grade for the course is based on the total of your 5 best exam scores and any extra credit you choose to complete.

Activity	Points	% of Grade	Additional Information
<b>Section Exam 1</b>	160	20%	Chapters 1-3
<b>Section Exam 2</b>	160	20%	Chapters 4-6
<b>Section Exam 3</b>	160	20%	Chapters 7-9
<b>Section Exam 4</b>	160	20%	Chapters 10-12
<b>Section Exam 5</b>	160	20%	Chapters 13-15
<b>Final (optional)</b>	----	----	*See exams section for explanation
<b>Exam Total:</b>	800	100%	Best 5 of 6 – lowest score dropped
<b>Extra Credit</b>	40 each - up to 200 pts total	5% each - up to 25% total	Each assignment must be completed before its respective section exam to qualify for credit
<b>Research Experience</b>	----	----	2 credits required for course
<b>TOTAL</b>		100%	

The following chart shows the grade scale for the final course grade:

Final Course Grade	# of Points	Percentage
A	716 - 800	89.5% - 100%
B	636 - 715	79.5% – 89.4%
C	556 - 635	69.5% – 79.4%
D	476 - 555	59.5% – 69.4%
F	0 - 475	< 59.5%

### Sectional Exams and Final

You are **required** to take each sectional exam, but the final cumulative exam is **optional**. Additionally, the sectional exams will focus on the specific material presented in the lectures and chapters for that section, whereas the final exam will be cumulative.

- All exams will consist of 25 questions (e.g., multiple choice, matching, true/false, etc.).
- All section exams will be administered on Moodle and are open book, meaning you can use your textbook and any notes you have prepared during the exams. However, you are expected to take the exams alone, without the assistance of others.
  - You will be allowed 40 minutes to complete each exam but be aware that 40 minutes is not enough time to look-up all the answers.
  - Exams will be open for a 24-hour period starting at 6:30 PM on Wednesdays and closing at 6:30 PM the very next Thursday (except Exam 1, see course schedule for details).
- Importantly, you are only allowed one attempt for each exam. It is your responsibility to choose a time/place that you will be able to complete the exam in one sitting, without technical difficulties. Please note: you cannot pause the exams once you've started them.
  - Technical issues: Although I realize that technical issues happen, and that they are very frustrating, there will not be accommodations for exams that cannot be completed due to technical difficulties. If your computer/internet is unreliable, then it might be best to

take the exams at the on-campus. If issues arise, contact the UM IT Solutions Center for assistance at (406) 243-4357 or at <https://www.umt.edu/it/support/>.

- The final will be closed book, pencil n' paper, and held in-class on Wednesday 11/25 at 5:30 – 7:30 PM, if COVID-19 permits. If we move to an online-only format, it will be done via Moodle.
- If you choose to take the optional final exam, it can be used to replace your lowest section exam grade. So, only your highest 5 out of 6 exams will be count toward your final grade.

### Extra Credit Assignments on Moodle

You may choose to complete up to 5 extra credit assignments (sometimes referred to just as “assignments”), which can be found on Moodle. These assignments are intended to 1) measure what you’ve learned in a way that is different than the exams, and 2) prepare you for the exams. As such, each assignment needs to be completed before its respective section exam date.

- For example, Assignment #1 would need to be completed before Exam #1 is available, and you would not receive any credit if you turned in Assignment #1 after Exam #1 has been made available.
- Each assignment is different and instructions will be posted on Moodle and discussed in class.
- The assignments should be turned in via Moodle by the due dates listed in the course schedule and they may not be made up under any circumstances. The assignments will be open for at least one week so, you should have plenty of time to finish them.

### Research Experience

Psychology is a science built on systematic research of both human and non-human animals. A critical aspect of this course is becoming familiar with how that information is obtained. **The research experience portion of this class is not graded but it is required for a grade in the course.** To fulfill this requirement, you may choose either or both of these options: (1) participate in original research; (2) read and write about original research.

- **(1) Participation in original research.** For this option, you will sign up to participate in actual psychology experiments. Individual experiments may range from 1 to 8 credits. Typically, each credit takes about 30 minutes. Signing up for studies occurs via an online sign-up system. To sign up, you will need to create an account online. When doing so, (1) be sure you use your umontana e-mail address as your username (if your umontana e-mail address is [jane.doe@umontana.edu](mailto:jane.doe@umontana.edu), you would enter jane.doe); if you do not do this properly, then you will not get the account information. Also, (2) be sure you enter the right course section number (03), or else you may not be properly credited. Signing up and checking studies is easy on the [Department of Psychology's SONA Research Participation page](#).
- Each experiment has a different name. Once you have participated in a specific experiment, you may not sign up for any other experiment with the same name. If you do, you will only receive credit for the first experiment.
- Your credit will be tracked via the online system – you will be awarded credit for participation within 72 hours of participating by the researcher who oversaw the study. If you check your credit and it has not been awarded in a timely fashion, **contact the experimenter listed as the contact on the study** to resolve this conflict.
- At the end of the term, I will automatically get your credits from the online system.
- **(2) Reading about original research.** For this option, you will find, read, and summarize an original research article. You should be thorough but brief. Each summary should be 2-3 pages long (in 12 point Times New Roman font with 1” margins). Each summary is worth 2 research credits. To get credit, you need to turn the assignment in to me via email, and I will review it and assign credit. (Note: This does not happen on the online system, which is only used for option 1).

- **What happens if I do not finish the research experience requirement?**
  - Students who do not complete their research experience credits will receive an Incomplete for the class. Students with Incompletes will be allowed to finish their research experience requirement only through the reading about research option (option 2). Consistent with university policy if you do not resolve your Incomplete within one year, your grade will revert to one letter grade lower than what you would have received otherwise.
  - **Be aware** that if you earn an “Incomplete” in any course at UM, an “I” remains on your record permanently, even if you eventually complete the work.

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## Course Policies and Guidelines

### In-Person and Online Etiquette

The classroom is meant to be a learning environment. So, to better facilitate a beneficial environment for all, we need to set a few ground rules:

1. **Limit distractions.** Cellphones should be silenced during class time and laptops/tablets should only be used for class purposes. However, if you need to keep your phone on for emergency purposes, just let me know ahead of time and please step out of the class to take any calls or send any texts.
2. **Be on time.** People coming in late disrupts the flow of the class. Additionally, I will not lecture on every topic covered in the book; likewise, not everything covered in class will be found in the book. So, for you to get the most out of this course, it will be important for you to attend the whole class every time. Also, if you miss a portion of the lecture, or the whole lecture, you are responsible for obtaining notes and important announcements.
3. **Talking.** Please raise your hand when you wish to speak. Also, discussions or comments with your neighbors while someone else is speaking are disrespectful to us all. If you missed something that was said, please let us know and the speaker or I will repeat it.

Netiquette, or “network etiquette,” is a professional and mannerly way of communicating with others online. If I deem your online communications as inappropriate, you will be given a detailed warning and follow up consequences if the behavior continues. Please be respectful to your fellow peers.

### COVID Specific Policies

To protect everyone’s health and safety, the following policies will be enforced throughout the semester. Additionally, please call Curry at (406) 243 – 2122 if you show symptoms of COVID-19 or if you have had close contact with someone who has tested positive.

1. **Masks are mandatory in the classroom.** If you have a medical exemption approved by Disability Services for Students, please let me know and I will contact them.
2. **Cleaning your space is expected.** Every student should have received a cleaning kit which you should use to clean your personal workspace when you arrive for class, and before you leave.
3. **Gathering before or after class, or on breaks, anywhere is discouraged.**
4. **Sit at least 6 feet apart in the classroom.** Preferably, use the same seat every class too.
5. **Drinking/eating is discouraged within the classroom.** We can decide on breaks as a class though.
6. **Attendance will be taken.** This will be done for contact tracing efforts and not for a grade.
7. **Stay home if you feel sick or are exhibiting COVID-19 symptoms.** Common symptoms include a fever (> 100.4F), chills, coughing, shortness of breath, difficulty breathing, fatigue, muscle or body aches, a headache, a sore throat, new loss of taste or smell, congestion, runny nose, nausea, vomiting, and diarrhea.

## Contacting Me

In keeping with the University of Montana's email policy, you must use your University account when emailing me. I absolutely cannot reply to any emails that do not come from your *UMConnect* account. I also cannot communicate information regarding your grades via e-mail, so plan to schedule a meeting with me if you want to discuss your grades.

Emails will be replied to within 48 (business) hours of receiving them. I encourage you to email me whenever you have questions, however questions about assignments need to be sent at least 48 hours before an assignment is due to make sure you get an answer back in time. Alternatively, you could post your question on the Q&A board to see if any of your classmates can help answer your question.

## Statement on Gender Identity

This course affirms people of all gender expressions and gender identities. If you prefer to be called a different name than that on the class roster, please let me know. Also, please correct me on your preferred gender pronoun(s). If you have any questions or concerns about this, please do not hesitate to contact me.

## Moodle

Announcements, assignment details, grades, etc. can all be found on the course Moodle site. Students are responsible for checking the Moodle site and their e-mail *multiple* times a week.

## Make-Up Assignments

The due dates in this syllabus are non-negotiable. If you have a conflict with one or more of the due dates because of personal commitments, you should consider taking the class a different semester.

Make up assignments or deadline extensions may be offered **ONLY** for UNIVERSITY-APPROVED REASONS, including:

- Medical emergencies (verified by a medical professional)
- Family emergencies (verified by the Dean of Students Office)
- Participation in University-sponsored activities (verified in advance)
- Military service or other mandatory public service (verified in advance)
- Religious beliefs, observances, or practices

Other reasons for a missed assignment/exam – family holiday, friend/relative wedding, etc. – are **NOT** approved excuses and will result in a grade of zero.

All decisions regarding make-up assignments or deadline extensions are at my discretion. Therefore, you should contact me as soon as possible – preferably **BEFORE** the assignment/exam due date – if you will miss an assignment/exam due to the university-approved reasons.

## Technology Policy

Given the online portion of this course, always have a back-up plan in mind if a technological issue arises so you can complete the required work each week. To ensure your own protection, do not wait until the last minute to complete your work and frequently save your work. If you have technical difficulties, please contact UM Online at [umonline-help@umontana.edu](mailto:umonline-help@umontana.edu) or (406) 243-4999. Though I would love to be able to help, I am not qualified to do so. ***Critical Note: I do not allow technical issues or not having the proper software as reasons for late or incomplete assignments/exams.***

**Ethical Conduct – Don't Cheat. Don't Plagiarize. It's Not Worth It.**

Academic misconduct is taken seriously and is unacceptable. Please review the UM [Student Conduct Code](#) as its policies and procedures apply to this course. All work for this class must reflect your own work, and must follow APA formatting guidelines (see this [APA guide](#) for reference) when citing, paraphrasing, or referencing sources. As specified in the Student Conduct Code, academic misconduct includes, but is not limited to:

- *Plagiarism*: representing someone else's work (words, ideas, materials) as your own.
- *Misconduct during an examination or academic exercise*: Copying from another student's work, giving information to another student, consulting unauthorized materials, etc.
- *Submitting false information*: Knowingly submitting false, altered, or invented information, data, quotations, citations, or documentation for an academic exercise.

The consequences of academic misconduct, intentional or accidental, will result in a zero for that exam or assignment and the incident will be reported to the Dean of Students and the Dean of the College of Humanities and Sciences to be dealt with in accordance with UM Student Conduct Code. *It is your responsibility to know the Student Conduct Code.*

### **Academic Accommodation**

The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and [Disability Services for Students \(DSS\)](#). If you think you may have a disability adversely affecting your academic performance, and you have not already registered with DSS, please contact them in Lommasson Center 154 or call (406) 243-2243. I will work with you and Disability Services to provide an appropriate modification.

### **Grades of Incompletes**

Departmental and university policies regarding incompletes do not allow changing "incomplete" grades after one year has passed since the "I" was granted. Please see the University's Academic Policies and Procedures for more information on the conditions that must be met to receive a grade of "incomplete."

### **Dropping/Adding the Course or Changing Grade Options**

Please refer to the [Registrar's website](#) on these policies.

### **Mandatory Employee Reporting**

of Sex-based Discrimination, Sexual Harassment, and Sexual Misconduct Involving Student

In order to enable the University to respond effectively and to stop instances of sex-based discrimination, sexual harassment and sexual misconduct involving students at the University proactively, all University employees must, within 24 hours of receiving the information, report information they have about reported sex-based discrimination, sexual harassment, and sexual misconduct involving students to the EO. The information given to the EO must include all relevant details needed to determine what occurred and to resolve the situation. This includes the names of the respondent (if known), the complainant, other students involved in the incident, as well as relevant facts, including the date, time, and location.

### **PSYX100 Fall 2020 Course Schedule**

Reminders:

1. This schedule is subject to revision as necessary, and revisions will be uploaded to Moodle.
2. Assignments are due 5:00pm the day of their section exams – late assignments are not accepted.

3. Section exams will be available for a 24-hour period starting Wednesdays at 6:30 PM until the following day at 6:30 PM (except for Exam 1).

Week	Material Covered	Notes
<b>Week 1</b> 8/19	<ul style="list-style-type: none"> <li>Syllabus Review</li> <li>SONA System Review</li> <li>Extra Credit Assignment</li> <li>Chapter 1: The Evolution of Psychology</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 1 discussed</li> <li>Don't forget to sign up for a SONA account!</li> </ul>
<b>Week 2</b> 8/26	<ul style="list-style-type: none"> <li>Chapter 2: The Research Enterprise</li> <li>Chapter 3: The Biological Bases of Behavior</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 1 due to Moodle by 5:00pm</li> <li>Exam 1 opens 6:30pm - closes 8/30 11:55pm</li> </ul>
<b>Week 3</b> 9/2	<ul style="list-style-type: none"> <li>Chapter 4: Sensation and Perception</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 2 discussed</li> </ul>
<b>Week 4</b> 9/9	<ul style="list-style-type: none"> <li>Chapter 5: Variations in Consciousness</li> </ul>	<ul style="list-style-type: none"> <li>Don't forget to sign up for research credits!</li> </ul>
<b>Week 5</b> 9/16	<ul style="list-style-type: none"> <li>Chapter 6: Learning</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 2 due to Moodle by 5:00pm</li> <li>Exam 2 opens 6:30pm - closes 9/17 6:30pm</li> </ul>
<b>Week 6</b> 9/23	<ul style="list-style-type: none"> <li>Chapter 7: Human Memory</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 3 discussed</li> </ul>
<b>Week 7</b> 9/30	<ul style="list-style-type: none"> <li>Chapter 8: Cognition and Intelligence</li> </ul>	
<b>Week 8</b> 10/7	<ul style="list-style-type: none"> <li>Chapter 9: Motivation and Emotion</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 3 due to Moodle by 5:00pm</li> <li>Exam 3 opens 6:30pm - closes 10/8 6:30pm</li> </ul>
<b>Week 9</b> 10/14	<ul style="list-style-type: none"> <li>Chapter 10: Human Development</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 4 discussed</li> </ul>
<b>Week 10</b> 10/21	<ul style="list-style-type: none"> <li>Chapter 11: Personality</li> </ul>	
<b>Week 11</b> 10/28	<ul style="list-style-type: none"> <li>Chapter 12: Social Behavior</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 4 due to Moodle by 5:00pm</li> <li>Exam 4 opens 6:30pm - closes 10/29 6:30pm</li> </ul>
<b>Week 12</b> 11/4	<ul style="list-style-type: none"> <li>Chapter 13: Stress, Coping, and Health</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 5 discussed</li> <li>Last few weeks to get research credits!</li> </ul>
<b>Week 13</b> 11/11	<b>Veteran's Day – No Class</b>	
<b>Week 14</b> 11/18	<ul style="list-style-type: none"> <li>Chapter 14: Psychological Disorders</li> <li>Chapter 15: Treatment of Disorders</li> </ul>	<ul style="list-style-type: none"> <li>Assignment 5 due to Moodle by 5:00pm</li> <li>Exam 5 opens 6:30pm- closes 11/19 6:30pm</li> </ul>
<b>Finals Week</b>	The final exam will be held in our regular classroom (GBB 123) on 11/25/2020 at 5:30 – 7:30 PM	Do you have all your research credits?